

Observation Football Training

Date		Observer	
Time		Coach(es)	
Location		Number of children	

Ratings: 1 = very bad; 5 = very good

Comments: more detailed explanation for your rating (e.g. examples) + other aspects not covered by the ratings

SOCIAL INCLUSION (physically and verbally)	
Rating	Comment
Inclusion of Roma/Non-Roma <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
Inclusion of Girls/Boys <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
Inclusion of younger and weaker ones <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	

SOCIAL BEHAVIOUR	
Rating	Comment
Violence, insults, bullying <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
Listening to each other <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
Dealing with loss and victory respectfully <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
Consideration of each other / help each other <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
Cooperation within the group <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	

SELF-CONFIDENCE	
Rating	Comment
Variety of participants who contribute to reflections <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
Self-confident behaviour of participants <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	

General comment on the session and what you observed, including additions, concerns, etc.:



Coach interview

How do you evaluate the structure of the session? (e.g. circles, team calls, games)	
How do you evaluate the fun and the enjoyment the children had?	
Do you think the reflections were good and productive? Did they relate to real life?	
Do you think you promoted the participants' self-confidence sufficiently? (e.g. by encouraging and by pointing out what they have learned)	
How do you evaluate the games of the session?	
How was the children's mood in general (independent of the session)?	
Other comments ?	

Observation Guidelines

Time of observation

- Observations should take place **regularly** (the more standardized the better!)
- Suggestions
 - **Every 2 weeks** Mondays or Wednesdays (e.g. always in the 1st and 3rd week of the month)
 - Plus once a month Saturdays (e.g. always in the 2nd week of the month)

The observer(s)

- Should **not participate**.
- Should always be the **same person** for the same group.
- Should communicate about and **align** their way of observing and evaluating in order to make the observations independent of the observer and therefore more objective.
- Documents **objectively** what he/she sees. He/she evaluates single actions in relation to the whole session and does not let one action outshine others.
- Does not let the participants know that he/she is observing them.

